1. Initial Preparation
   a. Pull out of the bag
   b. Open straps
   c. Roll out the brace

2. Position Brace
   a. Position under the leg.
   b. Shorter upright is applied to the thigh

3. Align first upright
   a. Centered midline to the leg and midline to the patella

4. Foam liners
   a. Begin with upper calf liner
   b. Wrap additional liners snugly around the leg

5. Position additional upright
   a. Position and press into place
   b. Be sure hinges are at equal height

6. Strapping
   a. Pull all slack out of straps
   b. Loop through the D-rings and fasten the 2 straps closest to the knee
   i. The upper calf being first
   c. Secure additional straps
**DonJoy® X-Act ROM™ Lite**

**APPLICATION INSTRUCTIONS**

**Hinge**
Adjustments to be made per physician protocol

- Adjust flexion and extension by pressing in the corresponding buttons and positioning to the desired Range of Motion setting
- Quick Lock feature allows for quick and easy locked settings of 0°, 15° or 30°

**Uprights**

- Telescope to desired length by depressing the slider button until the desired length is reached
- Ensure that both sides are equal in length

**Straps**

- "Y" hook and loop strap ends allow for easy length adjustments
- Cut to desired length

**Tips**
- Perform preliminary fitting prior to surgery whenever possible.
- Fit to patient with the brace in a locked out position.

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Read entire IFU statement. Be sure to follow your physician's instructions.

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