# ProCare® Quick-Fit™ Wrist & Forearm

Patient Application Instructions

#### **APPLICATION INSTRUCTIONS:**

BEFORE USING THE DEVICE, PLEASE READ THE **INSTRUCTIONS FOR USE** COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

#### **INTENDED USE / INDICATIONS:**

Treatment of wrist sprains, strains, and Carpal Tunnel Syndrome (CTS).

#### **CONTRAINDICATIONS:**

None

### APPLICATION INFORMATION:

- Loosen all straps and position hand in brace. Make sure the palmer stay is positioned comfortably below the palmer crease and aligned with forearm.
- Position adjustable dorsal stay casing to ensure maximum support and proper fit. Stay casing may be moved proximal or distal for desired controlled range-of-motion.
- 3 Use single pull straps to secure body of brace. Straps should be snug but not constrict.
- Secure hook-and-loop strap between thumb and forefinger.

## **WARNINGS AND PRECAUTIONS:**

If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately. Never wear support over an open wound.

## **CLEANING INSTRUCTIONS:**

Hand wash in warm water using mild soap, rinse thoroughly. AIR DRY. Note: If not rinsed thoroughly, residual soap may cause irritation and deteriorate material.

PATENT PENDING

FOR SINGLE PATIENT USE ONLY.

NOT MADE WITH NATURAL RUBBER LATEX.









