The innovative, technologically advanced design combines soft, breathable fabric with thermoformed padding for cool, lightweight comfort and optimal function to get you back to what you do best.

DONJOY® SOFT SHOULDER BRACING

The functional shoulder brace designed by Tom Sawa provides shoulder immobilization and controlled range of motion for glenohumeral dislocations/subluxations, rotator cuff tears and acromioclavicular separations. The shoulder brace is designed to protect and stabilize the shoulder post-injury and post-surgery.

DONJOY® SHOULDER STABILIZER

This functional shoulder brace designed by Tom Sawa provides shoulder immobilization and controlled range of motion for glenohumeral dislocations/subluxations, rotator cuff tears and acromioclavicular separations. The shoulder brace is designed to protect and stabilize the shoulder post-injury and post-surgery.

DONJOY® SHOULDER STABILIZER SPA

This functional shoulder brace designed by Dr. Tom Sawa provides shoulder immobilization and controlled range of motion for glenohumeral dislocations/subluxations, rotator cuff tears and acromioclavicular separations. The shoulder brace is designed to protect and stabilize the shoulder post-injury and post-surgery.

Part Number Description Size
11-1101-x-06000 DonJoy Shoulder Stabilizer, Right S–XXXL
11-1102-x-06000 DonJoy Shoulder Stabilizer, Left S–XXXL
11-1106-0-06000 Replacement Strap Set (5 straps) Universal

DONJOY® SHOULDER STABILIZER SPA

This functional shoulder brace designed by Dr. Tom Sawa provides shoulder immobilization and controlled range of motion for glenohumeral dislocations/subluxations, rotator cuff tears and acromioclavicular separations. The shoulder brace is designed to protect and stabilize the shoulder post-injury and post-surgery.

Part Number Description Size
11-1218-x-06000 Shoulder Stabilizer SPA M–XXXL

DONJOY® SHOULDER STABILIZER SPA

This functional shoulder brace designed by Dr. Tom Sawa provides shoulder immobilization and controlled range of motion for glenohumeral dislocations/subluxations, rotator cuff tears and acromioclavicular separations. The shoulder brace is designed to protect and stabilize the shoulder post-injury and post-surgery.

Part Number Description Size
11-1319-x-06000 Shoulder Stabilizer SPA M–XXXL

DONJOY® SHOULDER STABILIZER SPA

This functional shoulder brace designed by Dr. Tom Sawa provides shoulder immobilization and controlled range of motion for glenohumeral dislocations/subluxations, rotator cuff tears and acromioclavicular separations. The shoulder brace is designed to protect and stabilize the shoulder post-injury and post-surgery.

Part Number Description Size
11-0525-x Sully Shoulder Stabilizer XS–XL
11-0526 Custom
11-0527 Bilateral
11-0528 AC Pad Universal

SULLY® SHOULDER STABILIZER

Provides shoulder immobilization and controlled range of motion for anterior, multi-directional, inferior, and posterior instability, rotator cuff tears, and shoulder separations. The shoulder brace is designed to stabilize, assist or restrict movement of the shoulder post-injury and post-surgery.

Part Number Description Size
11-0625-x Fully Shoulder Stabilizer 1X-L
11-0626 Gallon
11-0627 Bilateral
11-0628 AC Pad Universal

ICEMAN®

Provides shoulder immobilization and controlled range of motion for anterior, multi-directional, inferior, and posterior instability, rotator cuff tears, and shoulder separations. The shoulder brace is designed to stabilize, assist or restrict movement of the shoulder post-injury and post-surgery.

Part Number Description
11-0494 IceMan Unit Model 1100
11-9098 IceMan w/Cold Pad, Shoulder
11-1334-9-00000 Wrap-On Pad Shoulder (14" x 23" x 12.5")
11-1397-9-00000 Wrap-On Pad Shoulder, small (12.75" x 19" x 12.25")

SHOULDER IMMOBILIZATION

UltraSling™ III

UltraSling™ III ER

UltraSling™ III AB

SHOULDER IMMOBILIZATION

UltraSling™ III

UltraSling™ III ER

UltraSling™ III AB

SHOULDER IMMOBILIZATION

UltraSling™ III

UltraSling™ III ER

UltraSling™ III AB
The innovative, technologically advanced design combines soft, breathable fabric with thermoformed padding for cool, lightweight comfort and optimal function to get you back to what you do best.

### DONJOY® SOFT SHOULDER BRACING

**DONJOY® SHOULDER STABILIZER**

This functional shoulder brace designed by Dr. Tom Sawa provides shoulder immobilization and controlled range of motion for glenohumeral dislocations/subluxations, rotator cuff tears and acromioclavicular separations.

- **Part Number**
  - 11-1101-x-06000: DonJoy Shoulder Stabilizer, Right
  - 11-1102-x-06000: DonJoy Shoulder Stabilizer, Left
  - 11-1106-0-06000: Replacement Strap Set (5 straps)

**DONJOY® SHOULDER STABILIZER SPA**

Designed by Dr. Tom Sawa and Tony Aguero, A.T.C., specifically for use with football shoulder pads, the SPA is indicated for glenohumeral instability. This device is ideal for the restriction of abduction and external rotation of the shoulder. The device is also effective for posterior instability by restricting the shoulder ROM (range of motion) and disallowing the positioning of the joint to an angle that increases the odds of a posterior dislocation or subluxation.

- **Part Number**
  - 11-1319-x-06000: Shoulder Stabilizer SPA

**SULLY® SHOULDER STABILIZER**

Provides shoulder immobilization and controlled range of motion for anterior, multi-directional, inferior, and posterior instabilities, rotator cuff tears, shoulder separations, etc. The shoulder brace is designed to stabilize, assist or restrict movement of the shoulder post-injury and post-operatively.

- **Part Number**
  - 11-0525-x: Sully Shoulder Stabilizer
  - 11-0526: Custom
  - 11-0527: Bilateral
  - 11-0528: AC Pad

**ICEMAN®**

**IDEAL APPLICATION:** The Iceman cold therapy unit helps reduce pain and swelling and facilitate rehabilitation. It provides up to several hours of continuous cold therapy for a variety of indications. Using a patented semi-closed loop system, the Iceman maintains a more constant and accurate temperature than competitor’s systems.

- **Part Number**
  - 11-0469: Iceman Unit Model 1100
  - 11-0468: Iceman Unit w/Pad, Shoulder
  - 11-1334-0-00000: Wrap-On Pad, Shoulder (14” x 23” x 12.5”)
  - 11-1397-0-00000: Wrap-On Pad, Shoulder, small (12.75” x 19” x 12.25”)

**SHOULDER IMMOBILIZATION**

UltraSling™ III

UltraSling™ III ER

UltraSling™ III AB
ULTRASLING™ III

Features & Benefits

• Soft tissue strains/repairs
• Postoperative Bankart procedures
• Rotator cuff repairs
• The De-rotation Strap hooks to the
  arm when it is in a variety of positions dependent on
  forearm exercises
• NEW! Moisture wicking mesh fabric
• AB Version: Large comfortable foam pillow which allows
  for greater comfort and patient
  compliance

Indications

For protocols involving immobilization:
• Rotator cuff repairs
• Capsular shifts
• Postoperative Bankart procedures
• Glenohumeral dislocations/ dislocations
• Soft tissue strains/repairs

Features & Benefits

• NEW! Moisture wicking mesh fabric for greater comfort, particularly in
  longer term use
• Hooks present post-operative internal rotation contraindications
• Promotes auxiliary air exchange to reduce risk of sepsis infections
• Easy-open front panel encourages patient use
• Allows arm to be positioned in a variety of positions dependent on
  post-operative requirements (either more posterior or anterior)
• The De-rotation Strap hooks to the Ultrasling III and prevents internal
  rotation of the arm at less than 10° of external rotation. Release follow up was 15.0 months (ER group) and 13.7 months (IR group).

References:


Results

Overall Recurrence Rate 6/20 (30%) 0/20 (0%)
Positive 2/14 (14%) 1/20 (5%)
Anterior Apprehension Sign

CONCLUSION

This study demonstrated that immobilization of patients in external rotation after first-time shoulder dislocation had lower recurrence rates than patients immobilized in internal rotation.

“...for decades we as orthopedists have treated our patients following traumatic shoulder instability under the misconception that the classic position of internal rotation would aid in healing despite the dismal results seen in the literature. Now, for the first time we have a proven method to reduce the incidence of recurrent dislocation by simply treating the patient in external rotation for three weeks after the injury in the DonJoy UltraSling™ ER.

— Stephen J. Snyder, M.D.
**Indications**

For protocols involving immobilization:
- Rotator cuff repairs
- Capsular shifts
- Postoperative Bankart procedures
- Glenohumeral dislocations/autolysis
- Soft tissue strain/repairs

**Features & Benefits**

- NEW! Moisture wicking mesh fabric for greater comfort, particularly in longer term use
- Helps prevent post-operative internal rotation contractures
- Promotes auxiliary air exchange to reduce risk of secondary infections
- Easy-open front panel encourages patient compliance
- Allows arm to be positioned in a variety of positions dependent on post-operative requirements (either more posterior or anterior)
- Top De-rotation Strap hooks back to the UltraSling III and prevents internal rotation (by securely holding the patient's arm in neutral position)

**AB Version:** Large comfortable foam pillow which allows greater comfort and patient compliance. An exercise ball is used to aid in stimulating circulation.

**Sizes Available:** S–XL

**Part Number Description Size**

| 11–0445-x UltraSling III AB S–XL |
| 11–0450-x UltraSling III AB S–XL |
| 11–1343-x UltraSling III ER, 15°, Right S–XL |
| 11–1344-x UltraSling III ER, 15°, Left S–XL |
| 11–1345-x UltraSling III ER, 30°, Right S–XL |
| 11–1346-x UltraSling III ER, 30°, Left S–XL |

Recommended HCPCS Code: L3670

---

**CONCLUSION**

This study demonstrated that immobilization of patients in external rotation after first-time shoulder dislocation had lower recurrence rates than patients immobilized in internal rotation.

"For decades we as orthopedists have treated our patients following traumatic shoulder instability under the misconception that the decreased position of internal rotation would aid in healing despite the dismal results seen in the literature. Now, for the first time we have a proven method to reduce the incidence of recurrent dislocation by simply treating the patient in external rotation for three weeks after the injury in the DonJoy UltraSling™ ER." — Stephen J. Snyder, M.D.
**ULTRASLING™ III**

**Indications**
- For protocols involving immobilization
  - Rotator cuff repairs
  - Capsule shifts
  - Postoperative Bankart procedures
  - Glenohumeral dislocations/authorization
  - Soft tissue strains/repairs

**Features & Benefits**
1. Glenohumeral dislocations/Capsular shifts
2. Rotator cuff repairs
3. The De-rotation Strap hooks to the Glenohumeral joint capsule and subscapularis tendon which causes the labrum to be forced back into position on the glenohumeral rim.
4. Promotes auxiliary air exchange to reduce risk of sepsis and infections.
5. Easy-open front panel encourages patient compliance.
6. AB Version: Large comfortable foam pillow which allows greater abduction where patient's arm in neutral position rotation by securely holding the UltraSling III and prevents internal rotation contractures longer term use for greater comfort, particularly in elderly patients.
7. Recommended HCPCS Code: L3670

**ULTRASLING III ORDERING INFORMATION**

<table>
<thead>
<tr>
<th>Part Number Description</th>
<th>Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>11-7296-x UltraSling III S-XL</td>
<td></td>
</tr>
<tr>
<td>11-7490-x UltraSling III All S-X</td>
<td></td>
</tr>
<tr>
<td>11-1530 De-rotation Strap Universal</td>
<td></td>
</tr>
</tbody>
</table>

**ULTRASLING III ER**

**Indications**
- External rotation in the Glenohumeral Joint
- External Rotation in the USER

**External Rotation in the Glenohumeral Joint**

**CLINICAL RESEARCH**

**A New Method of Immobilization After Dislocation of the Shoulder: A Prospective Randomized Study**

**PURPOSE**
To determine if immobilization in external rotation would decrease recurrence rates of anterior shoulder dislocations. The hypothesis was based on the observation that external rotation will tighten the anterior glenohumeral joint capsule and subscapularis tendon which causes the labrum to be forced back into position on the glenohumeral rim.

**METHODS**
From January 2000 – March 2002 first-time anterior dislocations of the glenohumeral joint (n=40) were enrolled. The external immobilization was maintained for 30 days. Average follow up was 15.9 months (ER group) and 17.3 months (IR group).

**RESULTS**

<table>
<thead>
<tr>
<th>Overall Recurrence Rate</th>
<th>ER (n=20)</th>
<th>IR (n=20)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ER: 0/20 (0%)</td>
<td>IR: 6/20 (30%)</td>
<td></td>
</tr>
</tbody>
</table>

**CONCLUSION**
This study demonstrated that immobilization of patients in external rotation after first-time shoulder dislocation had lower recurrence rates than patients immobilized in internal rotation.

**REFERENCES**

---

**For decades we as orthopedists have treated our patients following traumatic shoulder instability under the misconception that the classic position of internal rotation would aid in healing despite the dismal results seen in the literature. Now, for the first time we have a proven method to reduce the incidence of recurrent dislocation by simply treating the patient in external rotation for three weeks after the injury in the UltraSling™ III ER.**

— Stephen J. Snyder, M.D.
DONJOY® SOFT SHOULDER BRACING

UltraSling™ III

The innovative, technologically advanced design combines soft, breathable fabric with thermoformed padding for cool, lightweight comfort and optimal function to get you back to what you do best.

DONJOY® SHOULDER STABILIZER

This functional shoulder brace designed by Dr. Tom Sawa provides shoulder immobilization and controlled range of motion for glenohumeral dislocations/subluxations, rotator cuff tears and acromioclavicular separations. The shoulder brace is designed to protect and stabilize the shoulder post-injury and post-operatively.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>11-1101-x-06000</td>
<td>DonJoy Shoulder Stabilizer, Right</td>
<td>S–XXXL</td>
</tr>
<tr>
<td>11-1102-x-06000</td>
<td>DonJoy Shoulder Stabilizer, Left</td>
<td>S–XXXL</td>
</tr>
<tr>
<td>11-1106-0-06000</td>
<td>Replacement Strap Set (5 straps)</td>
<td>Universal</td>
</tr>
</tbody>
</table>

DONJOY® SHOULDER STABILIZER SPA

Designed by Dr. Tom Sawa and Tony Aggeler ATC/L specifically for use with football shoulder pads, the SPA is indicated for glenohumeral instabilities. This brace is ideal for the restriction of abduction and external rotation in the post-operative setting. The brace is also effective for posterior instability by restricting the shoulder ROM (range of motion) and delaying the positioning of the joint into angles that increase the risk of a posterior dislocation or subluxation.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>11-1319-x-06000</td>
<td>Shoulder Stabilizer SPA</td>
<td>M–XXXL</td>
</tr>
</tbody>
</table>

SULLY® SHOULDER STABILIZER

Provides shoulder immobilization and controlled range of motion for anterior, multi-directional, inferior, and posterior instabilities, rotator cuff tears, shoulder dislocations, and muscle strains. The shoulder brace is designed to stabilize, assist or restrict movement of the shoulder post-injury and post-operatively.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>11-0525-x</td>
<td>Sully Shoulder Stabilizer</td>
<td>XS–XL</td>
</tr>
<tr>
<td>11-0526</td>
<td>Custom</td>
<td></td>
</tr>
<tr>
<td>11-0527</td>
<td>Bilateral</td>
<td></td>
</tr>
<tr>
<td>11-0528</td>
<td>AC Pad</td>
<td>Universal</td>
</tr>
</tbody>
</table>

ICEMAN®

Ideal application: The IceMan cold therapy unit helps reduce pain and swelling and facilitates rehabilitation. It provides up to several hours of continuous cold therapy for a variety of indications. Using a patented semi-closed loop system, the IceMan maintains a more constant and accurate temperature than competitor’s systems.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>11-0494</td>
<td>IceMan Unit Model 1100</td>
</tr>
<tr>
<td>11-9098</td>
<td>IceMan w/Cold Pad, Shoulder</td>
</tr>
<tr>
<td>11-1334-9-00000</td>
<td>Wrap-On Pad Shoulder (14” x 23” x 12.5”)</td>
</tr>
<tr>
<td>11-1397-9-00000</td>
<td>Wrap-On Pad Shoulder, small (12.75” x 19” x 12.25”)</td>
</tr>
</tbody>
</table>

SHOULDER IMMOBILIZATION

ULTRASLING III