



# Exos™ Free Motion Ankle

Reduce Pain.  
Restore Mobility.  
Decrease Cost.



# The Future of Ankle Bracing is Here

Exos Free Motion Ankle is the *first prefabricated Ankle Foot Orthosis that can be fully customized and formed to the patient* providing functional stabilization of the ankle-foot complex addressing bony abnormality, chronic instability and post trauma rehabilitation.

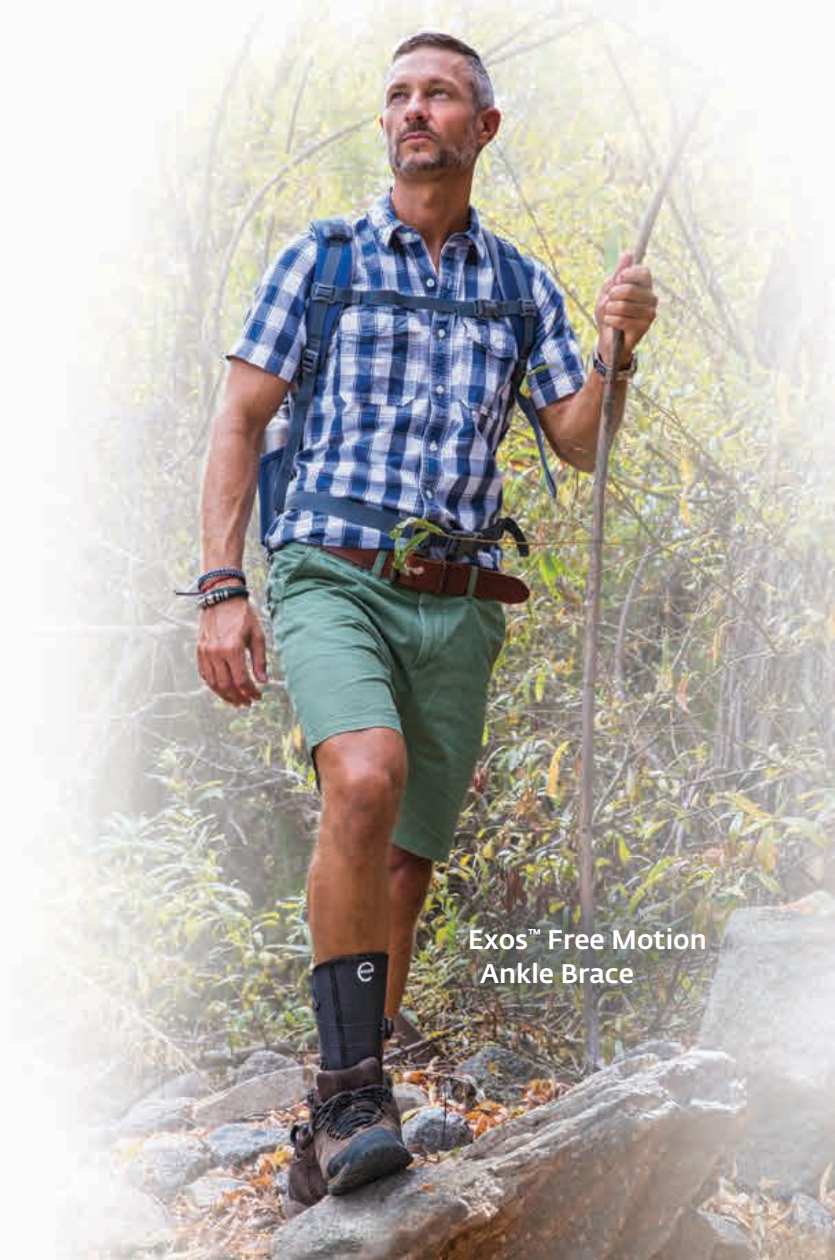
The Exos Free Motion Ankle presents a new orthopedic choice with a treatment option that is  *moldable, reformable, removable, and adjustable*. This revolutionary technology allows a clinician to custom fit a brace within 30 minutes - minimizing time and cost while providing immediate results for the patient.

## *Patient Testimonial, Kevin*

*“The Exos Free Motion ankle helped decrease my foot pain and provided the support I needed for my weak ankle. I have worn several different orthotics and braces over the years and the Free Motion is the best I have used providing comfort, support and ease of use. Best of all, it gave me support without limiting my mobility when running, climbing stairs, or working out at the gym.”*

## **EXOS Free Motion Ankle is an ideal solution for:**

- **Posterior Tibial Tendon Dysfunction (PTTD)**
  - Correct bony alignment & provide support in various planes of motion
- **Chronic Ankle Instabilities**
  - Arthritis
  - Weak ankles due to ligament damage and over stressed ligaments
  - High ankle sprains
- **Post-Trauma / Post-Op Rehabilitation**
  - Step down care following casting or walking boot
  - Controlled range-of-motion allows full functional management and faster return to activities



**Exos™ Free Motion Ankle Brace**

## More than a brace. A difference in treatment.

Exos™ Free Motion  
Ankle. Groundbreaking,  
thermoformable  
material that can be  
reformed and reshaped  
as needed to conform  
with long-term  
injuries and disease  
progression.



### Client Testimonial, Alicia, Certified Pedorthist

*"Some of the things I love about the Exos Free Motion Ankle brace includes the ability to provide immediate pain relief for patients because it's formed to their anatomy while in the clinic, versus waiting 7-10 days for a custom AFO to be fabricated. Many patients have high deductibles and pay a significant amount out-of-pocket for custom bracing - so a prefabricated, thermo-formable brace that is less expensive is an incredible cost effective option for our patients. The unique design with free motion joints versus a solid AFO is ideal to help speed recovery time, and reduce muscle disuse and atrophy."*



Now an anatomically formed ankle foot orthosis can be fit to a patient within 30 minutes to quickly help *alleviate pain and discomfort, restore mobility, and prevent progression of a deformity.*

## Exos™ Free Motion Ankle

### Ordering Information

LEFT PART #	RIGHT PART #	DESCRIPTION	WOMEN'S SHOE SIZE	MEN'S SHOE SIZE	BRACE SIZE
80002-001	80002-002	Exos™ Free Motion Ankle	4 - 6	-	XSmall
80002-003	80002-004	Exos™ Free Motion Ankle	6 - 8	5 - 7	Small
80002-005	80002-006	Exos™ Free Motion Ankle	8 - 10	7 - 9	Medium
80002-007	80002-008	Exos™ Free Motion Ankle	10 - 13	9 - 12	Large
80002-009	80002-010	Exos™ Free Motion Ankle	13+	12 - 14	XLarge

*Note: Fitting narrow or extra wide feet may require verification of stirrup length to ensure proper positioning of hinges.*



ACCESSORIES			
LEFT PART #	RIGHT PART #	DESCRIPTION	SIZE
809-1-010	809-1-020	Plantar Surface Pad	XSmall
809-1-030	809-1-040	Plantar Surface Pad	Small
809-1-050	809-1-060	Plantar Surface Pad	Medium
809-1-070	809-1-080	Plantar Surface Pad	Large
809-1-090	809-1-100	Plantar Surface Pad	XLarge
806-1-20	Exos™ Free Motion Ankle Shields, PAIR		Universal
807-1-20	Exos™ Free Motion Ankle Relief Pads, 5 EACH		Universal
800-OVEN-US	Exos Oven (New higher temperature Oven)		
800-ERK	Thermal Extension Ring Kit (for larger sizes)		
800-EHE-US	Oven Head Only		



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