DonJoy Back Brace II
TLSO APPLICATION - SUPINE PATIENT

INTENDED USE/INDICATIONS: Intended for Acute pain relief by thoracic postural extension alignment, compression fractures of the thoracic spine, early onset through variable stages of osteoporosis, pre- and post-surgical protocols, Thoracic mechanical back pain and Kyphosis.

CONTRAINDICATIONS: Pregnancy and circulation, pulmonary, cardiovascular or skeletal conditions which may worsen as a result of compression of the abdomen and/or pressure.

1. **Prepare Brace:** Open both compression Velcro® panels. Extend and detach both shoulder straps.

2. **Patient Position:** With patient in supine position, roll patient to their left side.

3. **Apply back panel:** Fold left panel behind brace. Place rear panel against patient, aligning bottom of brace to top of sacrum. Roll patient onto their back. To extend left side panel, roll patient slightly onto their right-side.

4. **Apply front panel:** Place front panel on patient’s torso. Align bottom of front panel with pubic bone. Attach Velcro side panels to front panel.

5. **Adjust sternal bar and shoulder straps:** Adjust sternal Y-Bar just below the sternal notch. Insert shoulder strap into buckle and adjust the straps.

6. **Activate compression:** Grasp pull-handle and pull across torso. Fasten the pull handle to front panel.

**Removal of Brace:**
1. Release the pull handle, remove one compression side panel and remove one of the shoulder straps.
2. Slide the orthosis off the other shoulder like removing a jacket or backpack.

**CUSTOMIZING TLSO:**
- **Waist Belt:** Adjust the side panels by un-hooking the Velcro on the back panel and moving panels more center for a smaller waist, or closer to the edge of the back panel for a larger waist.
- **Shoulder Straps:** Trim extra length with scissors.
- **Sternal Bar:** May be bent as needed by using a stable edged of a table. Using both hands, bend the bar in a slow and controlled fashion to adjust to desired degree of offset. The stock sternal Y-bar is set at 15°.

**MATERIALS:**
- STERNAL BAR: Aluminum, Nylon, Polyurethane
- WAIST BELT: Polyester, Polyurethane, Nylon, Polypropylene
- SHOULDER STRAPS: Nylon, Polyester, Polyurethane

**PRODUCT NOT MADE WITH NATURAL RUBBER LATEX.**

**SINGLE PATIENT USE ONLY**

**Part Number** | **Part Description** | **Waist Circumference** | **Back Panel Height**
---|---|---|---
11-1585-2 | DONJOY BACK BRACE II TLSO, S | 30” – 35” (76 – 89 cm) | 17” (43 cm)
11-1585-3 | DONJOY BACK BRACE II TLSO, M | 35” – 40” (89 – 102 cm) | 17” (43 cm)
11-1585-4 | DONJOY BACK BRACE II TLSO, L | 40” – 45” (102 – 114 cm) | 19” (48 cm)
11-1585-5 | DONJOY BACK BRACE II TLSO, XL | 45” – 50” (114 – 127 cm) | 19” (48 cm)
11-1585-6 | DONJOY BACK BRACE II TLSO, 2XL | 50” – 55” (127 – 140 cm) | 19” (48 cm)

For product assistance, please contact Product Support at 1-888-405-3251 or email product.specialist@djoglobal.com

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