**STEP 1 - MEASUREMENTS**

1. Lower rib circumference = ______________
2. Hip circumference = ______________
3. Sacrococcygeal Junction to Inferior Scapular Spine = ______________
4. Length from hip to shoulders = ______________
5. Distal end clavicle = ______________

**TIME SPENT:** ______________

**STEP 2 - CUSTOMIZE BACK PANEL TO ANATOMY**

A. Measure patient's lordosis then customize back panel to anatomy.
B. To customize back panel, remove the panel, heat, trim, and reassemble.

Heat form to individual patient's anatomy and contour to create intimate fit for individual lordosis and soft tissue. Trim for individual patient's anatomy based on ______________

**TIME SPENT:** ______________

**STEP 3 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM**

A. Use waist circumference (average of 1 and 2 ) to determine where proper sizing.
B. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

☐ YES. AMOUNT CUT ______________ ☐ NO

**TIME SPENT:** ______________

**STEP 4 - MODIFY RIGID PANELS**

MODIFY ANTERIOR PANEL AS NECESSARY

☐ Remove and trim to accommodate small and extra small anatomy.
☐ Remove and heat mold anterior panel as necessary.

**TIME SPENT:** ______________
BACK BRACE II
TLSO

STEP 5 - STERNAL BAR ADJUSTMENT

A. Customize T-bar. Use measurement 4 to determine the configuration of aluminum T-bar.

NOTE: There are 12 adjustment holes for size S, and 14 adjustment holes for size M-2XL.

B. Bend aluminum T-bar for patient’s individual anatomy.

C. Determine shoulder strap configuration best for patient’s individual anatomy and required motion restriction.

TIME SPENT: ____________________

ANGLER ANTERIOR PANELS

Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support. Determine angulation for proper fit.

A. Mold anterior panel to conform to patient’s anatomy.

B. Angle anterior panels:

- Neutral
- Inferior Angulation
- Superior Angulation

TIME SPENT: ____________________

STEP 7 - EDUCATION

EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

- Independent compression mechanics
- Proper angulation to ensure circumferential contact
- Proper placement of brace
- Proper cleaning
- Follow up appointments
- Watch patient application video

TIME SPENT: ____________________

TOTAL TIME TO CUSTOMIZE BRACE: ____________________

For product assistance, please contact Product Support at 1-888-405-3251 or email product.specialist@djoglobal.com

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