

AIRCAST®

AirHeel™



# Relieve The Pain

Provide maximum comfort  
and compliance

AirHeel™  
with  
Stabilizers  
**NEW!**



Dorsal Night Splint



# Relief and Comfort for Plantar Fasciitis. Day and Night.

The Aircast® AirHeel and AirHeel with Stabilizers help improve patient compliance by providing active relief. This unique, clinically-proven solution provides day time comfort and massaging relief for Plantar Fasciitis.

The Aircast Dorsal Night Splint delivers both adjustable flexion and optimal comfort for night time pain relief.

Ideal solutions for night and day relief to help improve patient outcomes for plantar fasciitis.

- **FITS EASILY INTO A SHOE**  
Soft, low-profile design fits in any shoe

- **REDUCE SWELLING AND DISCOMFORT WHILE ENHANCING CIRCULATION**

- **NOW AVAILABLE IN TWO STYLES WITH AND WITHOUT STABILIZERS**  
AirHeel with Stabilizers offers enhanced proprioception and medial/lateral stability.



*AirHeel with Stabilizers*



*AirHeel*

- **DORSIFLEXION ADJUSTMENT ALLOWS FOR CUSTOM ADJUSTMENT THROUGHOUT REHAB**  
Single dorsiflexion adjustment strap, with quick release tab



- **MAXIMUM COMFORT FOR ENHANCED COMPLIANCE**  
Improve compliance with ideal comfort with a soft, padded liner and anatomical design.



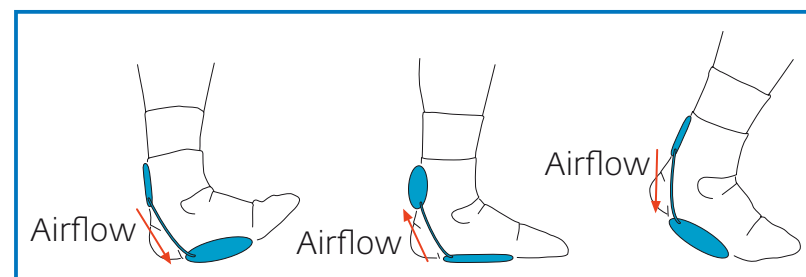
- **SECURE FIT**  
The optional "assist" strap secures toes within forefoot area

- **EASY TO USE**



*Dorsal Night Splint*

- **NON-SKID SOLE FOR IMPROVED AMBULATION**



Two interconnected aircells are located under the foot arch and in the back of the heel, applying pulsating compression throughout the day

## Ordering Information

### › Aircast AirHeel/DNS Care Kit\* (L4396)

Part #	Description	Fits Shoe Size		
		Men	Women	Size
o9PKS	AirHeel/DNS Care Kit	Up to 7	Up to 8½	S
o9PKM	AirHeel/DNS Care Kit	7½ to 10	9 to 11	M
o9PKL	AirHeel/DNS Care Kit	10½+	11½+	L

### › Aircast AirHeel Support\* (A4466)

Part #	Description	Fits Shoe Size		
		Men	Women	Size
o9AS	AirHeel Support	Up to 7	Up to 8½	S
o9AM	AirHeel Support	7½ to 11	8½ to 12½	M
o9AL	AirHeel Support	11½+	13+	L

### › Aircast Dorsal Night Splint\* (L4396)

Part #	Description	Fits Shoe Size		
		Men	Women	Size
o9DS	Dorsal Night Splint	5 - 9½	6 - 10½	S/M
o9DL	Dorsal Night Splint	10 - 14	11 - 15	L/XL

### › Aircast AirHeel with Stabilizers\* (L1902)

Part #	Description	Fits Shoe Size		
		Men	Women	Size
o9BS	AirHeel with Stabilizers	Up to 7	Up to 8½	S
o9BM	AirHeel with Stabilizers	7½ to 11	8½ to 12½	M
o9BL	AirHeel with Stabilizers	11½+	13+	L

\*Universal style accommodates left or right.

## Peer Reviewed Clinical Studies

The Aircast AirHeel is efficacious in treating Plantar Fasciitis<sup>1</sup>

Patients with higher Plantar Fasciitis pain experience faster relief with the AirHeel than with a shoe insert<sup>1</sup>

One study divided patients into two groups, a "night splint" group and the control group which was treated with conservative modalities other than night splinting. The control group had success in only 35% of patients while **the group treated with night splints had a 100% response**. Control group patients who did not respond to their treatment approach were then put in night splints. 72% of those patients had resolved pain after being placed in night splints.<sup>2</sup>



DJO, LLC | A DJO Global Company

T 800.526.8785 D 760.727.1280 F 800.580.9625  
1430 Decision Street | Vista, CA 92081-8553 | U.S.A.  
[DJOGlobal.com/aircast](http://DJOGlobal.com/aircast)

*Together in Motion™*

DJO Global proudly sponsors:



1. The Efficacy of a Pneumatic Compression Device in the Treatment of Plantar Fasciitis, Kavros SJ, Mayo Clinic, Journal of Applied Biomechanics 404-413, 2005.

2. Jimenez, A. Louis and Goecker, Robert M. "Night Splints: Conservative Management of Plantar Fasciitis". BioMechanics. September 1997.