A person who has their ACL injuries from back-yard games to football's biggest stage. DonJoy is proud to support and protect athletes of all ages, at every level, as well as thousands of professional, collegiate and high school football teams. Today, we provide bracing for some of the world's top professional athletes, including Philadelphia Eagles Offensive Line Captain Mark Nordquist and local lawyer Ken Reed. DonJoy was founded in 1978 in a Southern California garage by Philadelphia professional football player and physical therapist Steve Foley and his wife, Mary. Foley's primary reason for developing the ACL injury prevention brace was the return rate of his fellow professional football players. "Fear of reinjury didn’t return their ACLs to the same level before ACL tear surgery."

Recent clinical study showed that psychological factors (primarily fear of injury) influence the ability to return to play.1-4

Knee Bracing Offers
• improved joint mechanics
• increased flexion angles
• increased patient confidence after ACL reconstruction

Knee injury prevention through use of custom prophylactic knee bracing is endorsed by the Professional Football Athletic Trainers Society (PFATS) and the American College of Sports Medicine.5-7

In a study published in the American Journal of Sports Medicine,8 2012, 36:4, 648-655, a total of 6-12 month data from the ongoing study, a prospective, randomized study at West Point, 144 athletes were randomized into two groups: an experimental group that wore a prophylactic knee brace and a control group that wore a sham brace. The experimental group sustained 29% fewer injuries (P = .01) and required 39% fewer days to return to play (P = .002) than the control group when comparing all injury types. The total knee injury rate was reduced by 91% in the experimental group compared with the control group.

In another study,9 a randomised controlled trial comparing the effectiveness of functional knee brace and non-braced control groups in high school athletes, 267 athletes were randomized into two groups. Five hundred sixty knee injuries occurred in these athletes. The experimental group had an injury rate that was 45% lower than the control group. The average number of days lost to knee injury was reduced by 79% in the experimental group compared with the control group.

Prevention
Bracing reduces injury rates among college football players.10-12

FourcePoint Hinge Technology provides:
- increased patient confidence
- improved return to play after ACL reconstruction

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