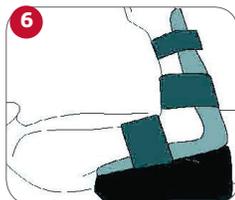
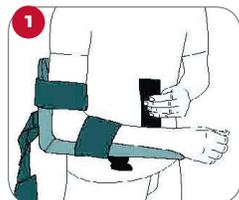


Before using this device please read the following instructions completely and carefully. Correct application is vital to the proper functioning of this device.

COMPONENTS

Primary Components: rigid Cradle (A), Upper Arm Strap (B), Forearm Strap (C), Wrist Strap (D), Small Hip Bolster (E), Waist Strap (F), Wrist Support (G). Additional Abduction and Sleeping Components: Medium Bolster - Back Sleeping (H), large Bolster - Side Sleeping (I)



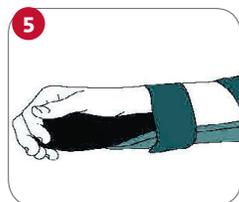
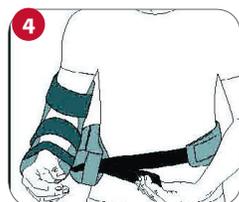
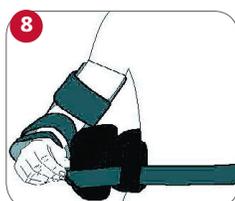
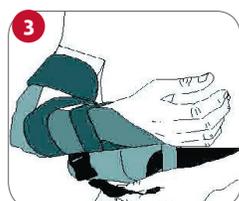
Application Instructions:

The Shoulder Cradle™ is used during daily activities and while sleeping. This universal brace can be applied to the right or left side of the patient. The Shoulder Cradle, Small hip Bolster, and Wrist Support are packaged together in a poly Bag and are the standard functional elements for support and setting abduction in 15 degrees. Various other abduction angles of 30 to 90 degrees may be set using the Medium and large Bolsters. See instructions below to reconfigure the device for greater abduction using these components.



STANDARD USE:

- 1) Remove Shoulder Cradle, hip Bolster and Wrist Bolster from poly bag. Open Forearm Straps and Upper Arm Strap and insert arm into the Cradle with forearm resting in the longer section. Close all three straps comfortably around arm.
- 2) Position the small hip Bolster (e) on the affected side, between body and the Cradle with the curved side of bolster and tacky surface against the body at waist level, just above the hip. The brace is universal and can be applied to the right or left arm. Align the Velcro patch on the hip Bolster with the Cradle and engage the bolster on or just below the forearm strap. The hip Bolster may be secured to Cradle at this time by releasing the Waist Strap on the back of the Cradle and threading Waist strap through the belt loop on the hip Bolster. Thread the Waist Strap back through the D-ring on back of Cradle and secure.
- 3) Pull the Waist Strap around back of body guide strap through the belt loop on front of hip Bolster and connect the Waist Strap buckle to the recipient buckle on the Cradle. The hip Bolster should be resting at waist level just above the hip. NOTE: The pad on the Waist Strap should rest just above the opposite hip. If necessary, the Waist Strap can be shortened by removing the hook Y-Clip closure from the strap, shorten the strap and re-attach the closure.
- 4) Adjust the tension of the Waist Strap for comfort and to fit the desired position of shoulder. The Waist Strap should be snug enough to compress the Small Bolster slightly. If indicated or necessary, the included Shoulder Strap may also be used. Attach one end of the Shoulder strap to the back of the Cradle at the bicep area. Bring shoulder strap over top of unaffected shoulder and attach Velcro strip under forearm area of Cradle.
- 5) The Wrist Bolster may be used for added support of the wrist and hand. Place the Wrist Bolster, with the round end resting in palm of hand, between the hand and the Cradle. Secure the Wrist strap.



NIGHTTIME (SLEEPING) USE:

- The Shoulder Cradle is designed to provide proper support and comfort while sleeping. The Medium (H) and large Bolsters (I) shipped with the product can be temporarily attached (if not in use for abduction) while you are lying down. The Small hip Bolster and the Waist Strap should remain in place while sleeping.
- 6) **Sleeping on your back:** Attach the wedge-shaped Medium Bolster to the back of the upper arm portion of the Cradle. The Velcro® strip on the bolster will adhere to the back of the Cradle. The smaller end of the wedge should be closest to the shoulder. You may adjust the height of the arm by moving the Bolster backwards or forwards.
 - 7) **Sleeping on your side:** Place the block-shaped Large Bolster comfortably against your stomach. Place the removable Velcro® strip along the top of the Large Bolster and secure the Cradle on top of the Velcro® strip. Ensure your hand rests comfortably against the top surface of the Bolster and your skin is not contacting the Velcro®. Release one end of the Wrist Strap (end closest to body) and secure to top of Bolster.

Application / Fitting Instructions (Continued from front):

GREATER ABDUCTION:

To obtain greater degrees of abduction, the Medium Bolster (H) and/or Large Bolster (I) may be used.

- 8) For approximately 30 - 45 degrees of abduction, place the Medium Bolster (H) on top of the Small Hip Bolster (E), with the Fat end of Medium Bolster toward the back of the elbow. The Cradle will attach to the Velcro Strip on the outer edge of the Medium Bolster. Follow Steps 1 - 4 to apply product. If desired, reduce abduction angle by cinching waist band to compress the bolsters.
- 9) For 60 - 75 degrees of abduction or more use the Large Bolster (I) (also used for side sleeping). The curved surface of the Large Bolster should go against the body. Place the removable long Velcro® strip on the outside edge of the Large Bolster. Secure the Cradle to the Bolster along Velcro Strip. Adjust the Waist Strap and connect the Waist Strap buckle to the recipient buckle on the Cradle. The Shoulder strap should be used in this configuration: Attach one end of the Shoulder strap to the front/top of bolster and the other to the back of the Cradle at the back of the bicep area.
- 10) 90 degrees of abduction may be achieved using the Large Bolster.

INTENDED USE/INDICATIONS:

Immobilize the shoulder following post-operative and post-traumatic conditions of the shoulder and arm including rotator cuff repair, Bankart repair, superior labral repair, shoulder debridement, biceps tendon surgery, shoulder hemiarthroplasty or total shoulder replacement, shoulder dislocation, elbow and humeral fractures, forearm fractures, and elbow ligament and tendon repair.

CONTRAINDICATIONS:

None.

WARNINGS AND PRECAUTIONS:

If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

WARRANTY:

DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale.

CLEANING INSTRUCTIONS:

Hand wash in cold water 30°C/85°F. Hang dry.



Shoulder Cradle™

The Shoulder Cradle is a unique modular system that provides secure immobilization and a wide range of abduction angles to allow stable comfortable support both day and night. The Shoulder Cradle offers versatile immobilization without the use of a neck strap. No metal components.

Part Number	Size
T1-9123-4	Universal
U.S. PATENT # 8,109,273	

Not made with natural rubber latex material content: nylon, foam, elastic and polycarbonate. US Patent # 8,109,273. For single patient use only. (RX Product)

For more information, please contact your DonJoy Territory Manager or Authorized Distributor



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