

Compex®

Muscle Stimulator



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ELECTRICAL MUSCLE STIMULATION PROVEN TO ENHANCE MUSCLE DEVELOPMENT AND SPORTS PERFORMANCE

Compex® Introduces New Muscle Stimulator

San Diego, CA, January 28, 2010 – Professional athletes, everyday athletes and even the occasional weekend warriors are enjoying the many benefits of Neuromuscular Electrical Muscle Stimulation (NMES). Electrostimulation therapy isn't new technology – it's been widely used and popular among European athletes for over two decades. However, the American athlete/consumer is likely to be a bit more wary to eagerly adopt NMES technology due to similar products advertised on late-night infomercials promising to shed belly fat without leaving the couch. Many athletes and consumers aren't aware of the legitimate benefits that NMES technology offers.

However, athletes and professional sports teams that have embraced the technology recognize that NMES enables users to exercise more muscle fibers in less time by reproducing the body's natural process of voluntary muscular contractions with high-intensity "optimal" electrical impulses. In other words, a muscle can't tell the difference between a voluntary contraction triggered by the brain or through a muscle stimulator.

DJO, the worldwide leader in the research, design and manufacturing of NMES technology through its Compex® brand of products, is the first U.S. company to offer consumers an FDA-cleared, over-the-counter, portable muscle stimulator for enhanced sports performance and improved physical fitness, which is used by professional sports teams and athletic training coaches worldwide.

Elite athletes such as Olympic Volleyball Champion, Ogonna Nnamani; Olympic Gold Medalist, Peter Vanderkaay; and five-time World Champion Triathlete, Simon Lessing, have incorporated EMS as part of their training regimen.

“Numerous clinical studies conducted over 22 years have proven that when Compex is applied to the motor nerve, it provokes a deeper and more complete muscle contraction than what can be attained through standard voluntary training or activity,” said Greg Houlgate, Director of Sales and Marketing for Compex. “The result is a more efficient workout regimen with less risk of injury to joints and tendons with virtually no cardiovascular or mental fatigue.”

DJO recently launched its latest muscle stimulator – the Compex Performance US. The Performance US was designed to complement the training and exercise regimen for athletes that engage in frequent competition. The Performance US device features five programs that target specific muscle groups and enables athletes to maximize muscle strength and development: Endurance, Resistance, Strength, Active Recovery and Pre-Warm up. These programs work in conjunction with an athletes’ traditional training regimen to help competitive athletes achieve the highest level of performance possible.

“At first I was a bit hesitant and skeptical, until I experienced the way NMES maximized my weight workouts and training sessions. Compex is now an integral part of my regimen,” said Ogonna Nnamani

DJO offers four Compex muscle stimulators for a variety of athletes. Compex features up to nine specific stimulation programs that target specific muscle groups and enables athletes to maximize muscle performance specifically related to their particular sport. All models include 5 levels of progression and include an Active Recovery® program which is clinically proven to increase blood flow, reduce lactic acid and promote muscle relaxation.

While NMES is clinically proven to increase muscle development, don’t ditch your gym bag ...just as vitamins are intended to supplement a good diet, muscle stimulators are intended to complement a workout routine, not replace it.

For more information visit www.shopcompex.com.

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About DJO Incorporated

DJO is a leading global developer, manufacturer and distributor of high-quality medical devices that provide solutions for musculoskeletal health, vascular health and pain management. The Company's products address the continuum of patient care from injury prevention to rehabilitation after surgery, injury or from degenerative disease. DJO products are used by orthopedic specialists, spine surgeons, primary care physicians, pain management specialists, physical therapists, podiatrists, chiropractors, athletic trainers and other healthcare professionals. In addition, many of the Company's medical devices and related accessories are used by athletes and patients for injury prevention and at-home physical therapy treatment. The Company's product lines include rigid and soft orthopedic bracing, hot and cold therapy, bone growth stimulators, vascular systems, electrical stimulators used for pain management and physical therapy products. The Company's surgical division offers a comprehensive suite of reconstructive joint products for the hip, knee and shoulder. DJO's products are marketed under the brands Aircast®, DonJoy®, ProCare®, CMF™, Empi®, Saunders®, Chattanooga, DJO Surgical, Compex®, Cefar®-Compex® and Ormed®. For additional information, please visit www.DJOGlobal.com. For additional information about Compex please visit www.shopcompex.com.

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